



English Edition
【英語版】

Fukuoka City Restaurant Guide



Vegan, Vegetarian and Everyone



宿泊税を活用しています
Funded by the Accommodation Tax



Vegan & Vegetarian-friendly

Fukuoka City Gourmet Spots



Welcome to Fukuoka City!



Fukuoka City is home to countless delicious restaurants. In this guidebook, we introduce wonderful places that offer **vegan, vegetarian, and Muslim-friendly menus**, so visitors from diverse food cultures can enjoy their time here with peace of mind. No matter your dietary needs, we hope you'll fully enjoy your stay in Fukuoka.

EAT FUKUOKA!



Icon Guide



Vegetarian • Vegan options available



Vegetarian options available



Halal-certified meat or sweet served



No pork or pork-derived ingredients on the premises



No alcohol or alcohol-derived ingredients on the premises

These icons indicate that the ingredients, including broths and seasonings, are not used.
* Please note that the marks used in this guide do not represent official certification.



Takeaway available



Options for dietary requirements require reservation



English menu available



English speaking staff available



Credit card accepted



Non-smoking



Available for large groups (40+ people)
* Reservation required

* For reservations, menu details, or other inquiries, please contact each restaurant directly.
* The information in this guide is current as of November 2025 and may change without notice. Please confirm with the restaurant staff if you have any concerns.

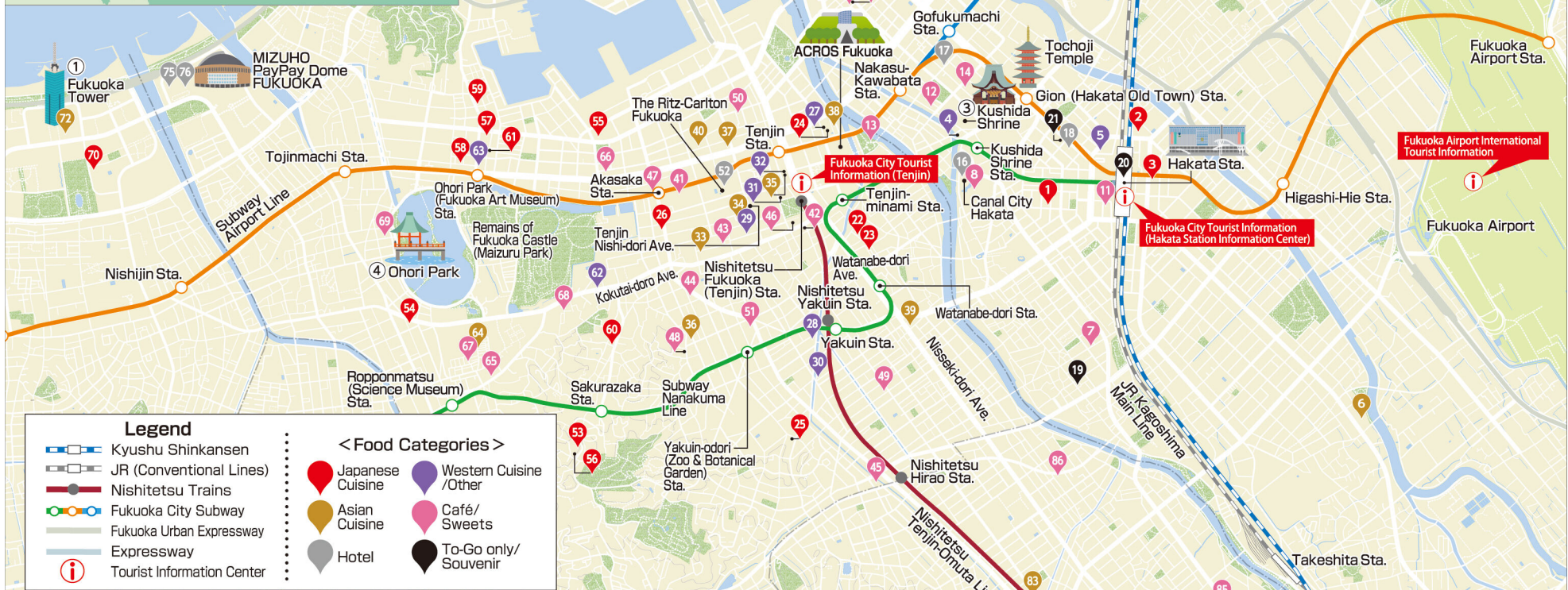
WEB

For More Information



Fukuoka City Restaurant Map

Fukuoka City Overview



01 Comforting bites made with 100% Kyushu rice



コメコメバーガー 博多駅前店
Comecome Burger - Hakata Ekimae

☎ (092) 471-5566
📍 1F, 3-21-4 Hakata Ekimae, Hakata-ku, Fukuoka City
🕒 6:30 – 14:00 (L.O 13:40)
*Morning 6:30 – 11:00
CLOSE None



02 Seasonal ingredients from Itoshima



糸島旬送和食 喜友
kiyu

☎ (050) 5461-1017
📍 B1F, 1-1-33 Hakataeki-Higashi, Hakata-ku, Fukuoka City
🕒 [Lunch] 11:30 – 14:00
[Dinner] 17:00 – 23:00
CLOSE Sun / Irregular holidays



05 Halal-certified Black Wagyu



ハンバーグ 極味や 博多店
Kiwamiya - Hakata

☎ (092) 292-9295
📍 1F, 2-1 Hakataeki-Chuogai, Hakata-ku, Fukuoka City
🕒 11:00 – 22:00 (Last entry around 20:30)
CLOSE Irregular holidays



06 Authentic Indian curry at a great price



アバシ コマーシャルモール博多店
Abashi - Commercial Mall Hakata

☎ (092) 473-3902
📍 1F, 2-6-40 Tokojimachi, Hakata-ku, Fukuoka City
🕒 11:00 – 22:00
CLOSE None



03 Halal wagyu beef in a traditional Japanese space



博多 魚蔵
Uokura Hakata

☎ (092) 433-5214
📍 2F, 2-1-1 Hakataeki-Higashi, Hakata-ku, Fukuoka City
🕒 [Lunch] 11:00 – 15:00
[Dinner] 17:00 – 23:00
CLOSE None



04 Gastronomy for all five senses, overflowing with the joy of dining



FUCHIGAMI
FUCHIGAMI

☎ (050) 1722-3009
📍 3-15 Kamikawabata-machi, Hakata-ku, Fukuoka City
🕒 17:00 – 23:30 (Last entry 21:00)
*Reservation required
CLOSE Sun



07 A café serving authentic Taiwanese flavors



bioboo
bioboo

☎ (092) 431-2667
📍 1-3-11 Minoshima, Hakata-ku, Fukuoka City
🕒 12:00 – 18:30
CLOSE Sun / Mon / Tue / Year-end and New Year's holidays / Taiwan Lunar New Year period



08 100% gluten-free rice flour churros



DANNY CHURROS 博多店
DANNY CHURROS - Hakata

☎ (092) 271-2666
📍 B1F, 1-2-22 Sumiyoshi, Hakata-ku, Fukuoka City
🕒 10:00 – 21:00
CLOSE None



Japanese Cuisine | Western Cuisine / Other | Asian Cuisine | Café / Sweets | Hotel | To-Go only / Souvenir |

09

A café serving chewy bagels made with Saga-grown wheat, along with a variety of café menu items



ガルベークル
gal bagel

-
1F, 1-3 Tsumashoji, Hakata-ku, Fukuoka City
Mon / Tue 11:00-15:00, Thu-Sun 11:00-19:00
CLOSE Wed



10

Gluten-free & vegan breads, muffins & baked goods



グルテンフリー PON Q PON
Glutenfree PON Q PON

(092) 710-4343
1F, 7-12 Taihakumachi, Hakata-ku, Fukuoka City
Wed-Sat 12:00-18:00, Sun 11:00-17:00
CLOSE Mon / Tue



13

A park café offering rich soy milk and soy-based sweets



TOFFEEpark
TOFFEEpark

(092) 791-9839
6-36 Nishinakasu, Chuo-ku, Fukuoka City
Tue-Sat 10:00-21:00 (L.O 20:30), Sun 10:00-18:00 (L.O 17:30)
CLOSE Mon



14

Soy patty x original buns burger



友安製作所とハンバーガー
Tomoyasu Hamburger

(092) 273-0120
8-17 Reisen-machi, Hakata-ku, Fukuoka City
11:00-22:00 *Sun 11:00-20:00
CLOSE First Mon each month



11

Additive-free warabi mochi that melts in your mouth



はか多 笑昆
Hakata Warabi

(092) 452-3177
7-26 Hakataeki-Chuogai, Hakata-ku, Fukuoka City
11:00-19:00
CLOSE Irregular holidays



12

Hearty bagels made without sugar, dairy, or eggs



リルベークル
RILL BAGEL

(080) 8749-6301
1F, 9-35 Kamikawabata-machi, Hakata-ku, Fukuoka City
9:00-17:00 (Closing once sold out)
CLOSE Tue



15

A tofu specialty shop offering a one-and-only "mochi-like tofu"



永遠の豆腐屋 博多店
Towa no Tofuya - Hakata

(080) 8569-5080
1F, 1-1 Tsumashoji, Hakata-ku, Fukuoka City
12:00-20:00 (Closing once sold out)
CLOSE Mon



* The soy sauce served with the dish contains seafood-based stock (dashi).

16

Bistronomy-style all-day dining



グランドハイアット福岡 レストラン「ザ マーケット エフ」
Grand Hyatt Fukuoka - Restaurant THE MARKET F

(092) 282-2803
1F, 1-2-82 Sumiyoshi, Hakata-ku, Fukuoka City
Sun-Thu 6:30-21:00, Fri / Sat / Day Before Holidays 6:30-22:00
CLOSE None



● For group reservations, please consult by phone.

17 Gentle, nourishing breakfast via room service



ホテル グレートモーニング
HOTEL GREAT MORNING

☎ (092) 272-1414
📍 6-3 Tenyamachi, Hakata-ku, Fukuoka City
🕒 7:30 – 10:00
CLOSE None



* Not a restaurant. Dining is available for staying guests only.

18 A graceful moment at a hotel lounge



ホテル日航福岡 ティー&カクテルラウンジ
Hotel Nikko Fukuoka Tea & Cocktail Lounge

☎ (092) 482-1167
📍 1F, 2-18-25 Hakata Ekimae, Hakata-ku, Fukuoka City
🕒 8:00 – 20:00
CLOSE None



21 Delicious, health-conscious sweets



如水庵 博多駅前本店
Josui-an - Hakata Ekimae Head Store

☎ (092) 475-0052
📍 2-19-29 Hakata Ekimae, Hakata-ku, Fukuoka City
🕒 Weekdays 9:00 – 19:00, Sat / Sun / Holidays 9:30 – 18:00
CLOSE Jan 1



22 Seasonal kappo (Japanese) cuisine with fresh ingredients and fine Japanese sake



割烹 むら川
Kappo Murakawa

☎ (092) 734-2118
📍 1F, 5-15-8 Watanabe-dori, Chuo-ku, Fukuoka City
🕒 [Lunch] Wed - Sun 12:00 – 15:00 (Last entry 13:00 / L.O 14:00 *Reservation required)
[Dinner] Tue - Sun 18:00 – 22:00 (Last entry 20:00 / L.O 21:00)
Mon / First and third Sun



19 Crunchy, gently sweet granola baked with carefully selected ingredients



ブラン ベジフル グラノーラ
BLANC VEGEFUL GRANOLA

☎ (092) 473-0288
📍 2-12-10 Minoshima, Hakata-ku, Fukuoka City
🕒 10:30 – 19:00
CLOSE Sun / Mon



20 Bento made with fresh, seasonal vegetables



エヴァダイニング マクロビオティックデリ 博多いっぴん通り店
Evah Dining Macrobiotic Deli - Hakata Ippin-dori

☎ (092) 483-2262
📍 1-1 Hakataeki-Chuogai, Hakata-ku, Fukuoka City
🕒 7:00 – 22:00
CLOSE Follows the building's schedule



23 Traditional handmade onigiri made with fresh ingredients



おにぎりごりちゃん 天神店
Onigiri Gorichan Tenjin

☎ (092) 791-3851
📍 3-7-14 Watanabe-dori, Chuo-ku, Fukuoka City
🕒 Weekdays 11:00 – 20:00, Sat / Sun / Holidays 9:00 – 20:00
CLOSE Wed



24 Innovative Kaiseki with yuba, tofu & seasonal ingredients



梅の花 天神店
Umenohana - Tenjin

☎ (092) 737-4080
📍 1F, 1-15-6 Tenjin, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00 – 16:00 [Dinner] 17:00 – 22:00
CLOSE Year-end and New Year's holidays



25 All-vegan ramen, no five pungent roots*



Vegan Ramen YADOKARI
Vegan Ramen YADOKARI

☎ (0940) 35-2900
📍 2F, 3-22-3 Hirao, Chuo-ku, Fukuoka City
🕒 10:00 – 15:00 (L.O 14:30)
🚪 **CLOSE** Sun



* Green onion, scallion, leek, garlic, and chives.

26 Halal-certified Fukuoka-style hot pot



もつ鍋 極味や 赤坂店
Motsunabe Kiwamiya - Akasaka

☎ (092) 761-2929
📍 1F, 1-6-22 Akasaka, Chuo-ku, Fukuoka City
🕒 Weekdays 18:00–23:00 (L.O 22:30), Sat / Sun / Holidays 17:00–23:00 (L.O 22:30)
🚪 **CLOSE** Irregular holidays



29 Spanish & Latin American cuisine by chefs from Argentina and Chile



レストラン サンチョパンサ
Restaurante SANCHO PANZA

☎ (092) 762-4110
📍 5F, 1-15-11 Daimyo, Chuo-ku, Fukuoka City
🕒 [Lunch] Sat / Sun / Holidays 11:30–15:15 [Cafe] Sat / Sun / Holidays 15:15–18:00 [Dinner] 18:00–23:00
🚪 **CLOSE** Irregular holidays



30 Dairy-free, animal-free meals for body & soul



ロタカフェ フクオカ
RotaCafe Fukuoka

☎ (092) 738-1414
📍 1F, 1-3-25 Hirao, Chuo-ku, Fukuoka City
🕒 11:00 – 18:00
🚪 **CLOSE** Sun / Holidays



27 The pleasure of selecting dishes and wine



アニオン
AIGNON

☎ (092) 717-3001
📍 1F, 1-15-14 Tenjin, Chuo-ku, Fukuoka City
🕒 17:00 – 26:00
🚪 **CLOSE** Sun / Irregular Mon / Last day of long weekends



28 Organic foods & gluten-free sweets



and S organic
and S organic

☎ (092) 522-6767
📍 1F, 3-3-5 Yakuin, Chuo-ku, Fukuoka City
🕒 [Morning] Mon-Wed / Fri 8:30–11:00 [Lunch] 10:00–17:00 [Dinner] 17:00–22:30
🚪 **CLOSE** Thu



31 Salad restaurant serving Kyushu's seasonal vegetables



サラダレストラン Mr.&Mrs.GREEN
Salad Restaurant Mr.&Mrs.GREEN

☎ (092) 733-7272
📍 7F, 2-2-43 Tenjin, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00–16:00 (L.O 15:00) [Dinner] 17:00–22:00 (L.O 21:00)
🚪 **CLOSE** Follows the building's schedule



32 Halal-certified Black Wagyu



ハンバーグ 極味や 福岡/パルコ店
Kiwamiya - Fukuoka Parco

☎ (092) 235-7124
📍 B1F, 2-11-1 Tenjin, Chuo-ku, Fukuoka City
🕒 11:00–22:00 (Last entry around 20:30)
🚪 **CLOSE** Jan 1 / Follows the building's schedule



33 Specializing in Pho & fresh spring rolls



アジアティコ
asiatico

☎ (092) 725-6684
📍 1F, 1-2-31 Daimyo, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00-15:00
[Dinner] 17:30-22:00
*Sat 11:00-22:00, Sun 11:00-21:00

CLOSE Mon



34 Authentic Sri Lankan cuisine



セイロン
CEYLON

☎ (092) 724-3443
📍 1F, 1-13-12 Daimyo, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00-16:00
[Dinner] 18:00-21:00

CLOSE Wed



37 Long-established Fukuoka restaurant serving authentic Indian cuisine



ナーナック
NANAK

☎ (092) 713-7900
📍 2F, 1-1-4 Maizuru, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00-15:00
[Dinner] 17:30-22:00
*Sat / Sun 11:00-22:00

CLOSE None



38 Authentic Indian plates by a chef from India



インド料理スラージ 天神本店
SURAJ

☎ (092) 714-7176
📍 1-15-3 Tenjin, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00-14:00
[Dinner] 17:30-23:00

CLOSE None



35 Spice curry, soup curry & craft beer



ちゃぶや咖喱魚
CHABUYA CURRY

☎ (050) 3743-1071
📍 2F, 2-11-3 Tenjin, Chuo-ku, Fukuoka City
🕒 11:00 - 20:00

CLOSE Jan 1



36 Sri Lankan curry with Itoshima vegetables



チャーリーズ プレイス
Chari's Place

☎ (080) 6447-2880
📍 1F, 2-10-2 Yakuin, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30-15:30
[Dinner] 18:00-22:00

CLOSE Mon



39 Authentic Asian cuisine by a chef trained in Dubai & Maldives



Yeti アジアンレストラン&バー
Yeti asianrestaurant & bar

☎ (092) 522-1326
📍 1F, 1-8-10 Kiyokawa, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00-16:00
[Dinner] 17:00-23:00

CLOSE None



40 Authentic Indian & Pakistani cuisine with fragrant spices by a Muslim chef



ZAEKA
ZAEKA

☎ (092) 732-7513
📍 2F, 1-3-4 Maizuru, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30-15:00
[Dinner] 18:00-22:30

CLOSE Sat



Japanese Cuisine | Western Cuisine / Other | Asian Cuisine | Café / Sweets | Hotel | To-Go only / Souvenir |

Japanese Cuisine | Western Cuisine / Other | Asian Cuisine | Café / Sweets | Hotel | To-Go only / Souvenir |

41 Taiyaki filled with homemade red bean paste



博多ひいらぎ
Hakata Hiiragi

☎ (092) 725-3783
📍 2-4-38 Daimyo, Chuo-ku, Fukuoka City
🕒 10:00 – 18:00 (Closing once sold out)
🚪 **CLOSE** Sun / Holidays



42 Amaou strawberry sweets from Fukuoka



伊都きんぐ 天神店
Ito King - Tenjin

☎ (092) 711-1539
📍 1F・2F, 1-22-21 Imaizumi, Chuo-ku, Fukuoka City
🕒 Mon - Thu 11:30 – 20:00, Fri 11:30 – 22:00, Sat 10:30 – 22:00, Sun 10:30 – 20:00
🚪 **CLOSE** Second Tue each month



45 A Hawaiian café that brings harmony to mind and body



マイカイ ハナマナ uvatea
maikai hanamana uvatea

☎ (092) 525-6665
📍 2-14-21 Hirao, Chuo-ku, Fukuoka City
🕒 11:00 – 19:00
🚪 **CLOSE** Tue



46 Plenty of fresh seasonal fruit



南国フルーツバーラー
Nangoku Fruits Parlour

☎ (092) 753-6838
📍 2F, 2-2-20 Tenjin, Chuo-ku, Fukuoka City
🕒 10:00 – 18:00 (L.O 17:30)
🚪 **CLOSE** Wed



43 Coffee, chai, original waffle, and more



リトルスタンド 大名店
littlestand daimyo

☎ (092) 791-9496
📍 1-3-5 Daimyo, Chuo-ku, Fukuoka City
🕒 10:00 – 18:30
🚪 **CLOSE** Mon



44 A luminous, relaxing salad café bar



エルズプラス
Ls Plus

☎ (092) 731-8787
📍 7F, 2-1-15 Kego, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30 – 15:00 (L.O 14:30) [Bar] 21:00 – 24:00 (L.O 23:30)
🚪 **CLOSE** Wed



47 An organic café that makes you glow from the inside out



OREC green lab 福岡
OREC green lab Fukuoka

☎ -
📍 1-13-1 Akasaka, Chuo-ku, Fukuoka City
🕒 9:00 – 18:00
🚪 **CLOSE** Sun / Mon / Holidays



48 Healthy & filling plant-based burgers



プラントベースカフェ ナイス
Plant-based Café NICE

☎ (092) 983-5971
📍 1F, 3-13-35 Kego, Chuo-ku, Fukuoka City
🕒 11:30 – 20:00
🚪 **CLOSE** Mon



49

A café surrounded by greenery, serving fresh meals as well as popular pancakes and coffee



白金茶房
Shirogane Sabo

☎ (092) 534-2200
📍 1-11-7 Shirogane, Chuo-ku, Fukuoka City
🕒 Weekdays 8:00 – 17:30 (L.O 16:30)
Sat / Sun / Holidays 8:00 – 18:30 (L.O 17:30)

CLOSE None



50

100% plant-based & dog-friendly café restaurant



Sonu Sonu
Sonu Sonu

☎ (070) 2299-7338
📍 1F, 3-6-29 Tenjin, Chuo-ku, Fukuoka City
🕒 Mon / Tue / Wed / Sun 8:00 – 21:00,
Thu 11:00 – 17:00, Fri / Sat 8:00 – 22:00

CLOSE Irregular holidays



53

Seasonal dish with an amazing open view



日本の料理屋 IMURI
IMURI

☎ (092) 762-7070
📍 1-3-15 Tani, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30 – 14:30
[Dinner] Sun-Thu 17:00 – 22:00, Fri / Sat 17:00 – 23:00
[Bar] Sun-Thu 17:00 – 23:00, Fri / Sat 17:00 – 24:00

CLOSE Tue (lunch time) / Irregular holidays



54

Okonomiyaki, yakisoba & yakimeshi



お好み焼き 味美
Mimi

☎ (092) 724-9123
📍 1-9-12 Kusagae, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:00 – 15:00
[Dinner] 18:00 – 21:00
*Weekends 11:00 – 21:00

CLOSE Wed



51

Gluten-free & 100% plant-based soy-milk and rice-flour sweets



ソイストーリーズ
SoyStories

☎ (092) 231-0677
📍 1F, 2-2-24 Yakuin, Chuo-ku, Fukuoka City
🕒 11:00 – 22:00

CLOSE None



52

Creative Western cuisine with local ingredients



ザ・リッツ・カールトン福岡 - ヴィリディス
The Ritz-Carlton, Fukuoka - Viridis

☎ (092) 401-8882 (10:00 – 17:00)
📍 18F Fukuoka Daimyo Garden City, 2-6-50 Daimyo, Chuo-ku, Fukuoka City
🕒 [Breakfast] 6:30 – 11:00
[Lunch] 11:30 – 15:00
[Dinner] 17:30 – 22:00 (Food L.O 21:00)

CLOSE None



55

A cozy, couple-run udon shop specializing in shiitake-based flavors



長浜うどん
Nagahama Udon

☎ (092) 791-1333
📍 1F, 2-5 Nagahama, Chuo-ku, Fukuoka City
🕒 Weekdays 10:00 – 15:00
Weekends / Holidays 8:00 – 15:00

CLOSE Irregular holidays



56

Seasonal Kaiseki in a Modern Japanese Setting



桜坂 観山荘
Sakurazaka Kanzansou

☎ (092) 721-5588
📍 1-3-20 Tani, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30 – 15:30
[Dinner] 17:30 – 21:30

CLOSE Dec 29-Jan 1



57

Shojin cuisine with seasonal vegetables — traditional Japanese Buddhist plant-based cooking



精進料理 すずな

Shojin Cuisine Suzuna

☎ (092) 600-4148
 📍 3-7-19 Otemon, Chuo-ku, Fukuoka City
 🕒 17:00 – 21:00
 🚪 Sun



* White sugar and the five pungent roots (green onion, scallion, leek, garlic, and chives) are used in some dishes.

58

Vegan sushi at Ichitaka — celebrating the joy of sharing a meal beyond religion and beliefs



鮨料理 一高

Sushiryori Ichitaka

☎ (092) 791-5868
 📍 1-2-2 Arato, Chuo-ku, Fukuoka City
 🕒 [Lunch] 11:30 – 15:00
 [Dinner] 17:30 – 22:00
 🚪 Tue / Wed



61

Halal-certified eel at love and eel — offering peace of mind for Muslim diners



愛とうなぎ

love and eel

☎ (092) 707-2886
 📍 3-9-10 Otemon, Chuo-ku, Fukuoka City
 🕒 [Lunch] 11:00 – 14:00
 [Dinner] 16:00 – 21:00
 🚪 None



62

Balanced meal by a vegetable sommelier



オーガニックカフェレストラン ニコレ

Organic Cafe Restaurant Nicolé

☎ (092) 741-8568
 📍 2F, 2-4-3 Akasaka, Chuo-ku, Fukuoka City
 🕒 [Lunch] 12:00 – 15:00
 [Dinner] 17:00 – 21:00
 *Sat / Sun / Holidays 17:00 – 20:00
 🚪 Tue / first, third, and fifth Wed



59

100% plant-based ramen by a sushi chef



鮨しま

Sushi Shima

☎ (092) 753-6512
 📍 1F, 2-10-3 Minato, Chuo-ku, Fukuoka City
 🕒 [Lunch] Tue - Sat 12:00 – 14:00
 [Dinner] Mon - Sat 18:00 – 22:00
 🚪 Sun / Irregular holidays



* Vegan and other dietary-friendly options available at lunch only.

60

Gentle handmade Japanese meals for body and soul



べじさら食堂

vegesarah syokudo

☎ (050) 3637-8314
 📍 1F, 3-1-2 Akasaka, Chuo-ku, Fukuoka City
 🕒 12:00 – 17:00 (Closing once sold out)
 🚪 Mon / Tue



63

Unforgettable tacos, served with fun



TACOMIA(大濠本店)

TACOMIA

☎ (080) 1543-3854
 📍 1F, 3-5-8 Otemon, Chuo-ku, Fukuoka City
 🕒 Tue-Fri 11:30 – 15:00 / 17:00 – 21:00
 Sat / Sun / Holidays 11:30 – 21:00
 🚪 Mon



64

A place where you can feel like you're on a trip to Turkey



カフェトルコ

Kafe Toruko

☎ (080) 3989-9507
 📍 1-3-14 Ropponmatsu, Chuo-ku, Fukuoka City
 🕒 [Lunch] 11:30 – 15:00 (L.O 14:30)
 [Dinner] 18:00 – 22:00 (L.O 21:00)
 🚪 Irregular holidays



65

A popular acai specialty shop opened in 2025, open until 23:00



アサイー工房 六本松店

Acaibowl - Ropponmatsu

-
- 2-2-7 Ropponmatsu, Chuo-ku, Fukuoka City
- 11:00 – 23:00
- None



66

Organic, chemical-free cold-pressed juice & smoothie bar



DEEP GREEN FUKUOKA (本店)

DEEP GREEN FUKUOKA (Head Store)

- (092) 231-8372
- 1F, 3-2-21 Maizuru, Chuo-ku, Fukuoka City
- 9:00 – 17:00
- None



69

A dog-friendly café with organic coffee, plant-based food, and hearty soup



Twenty Miles

Twenty Miles

-
- 2-3-2 Ohori, Chuo-ku, Fukuoka City
- Weekdays 8:00 – 17:00, Sat / Sun 8:00 – 18:00
- Irregular holidays



70

Innovative Kaiseki with yuba, tofu & seasonal ingredients



梅の花 百道店

Umenohana - Momochi

- (092) 822-6223
- 102, 1-3-14 Momochihama, Sawara-ku, Fukuoka City
- [Lunch]Weekdays 11:00–15:30, Weekends / Holidays 11:00–16:00 [Dinner]Weekdays 17:00–21:30, Weekends / Holidays 17:00–22:00
- Year-end and New Year's holidays



● Available for large groups (30+ people) *Reservation required.

67

Freshly roasted coffee & 100% plant-based, gluten-free treats



ムニココーヒー(六本松店)

muni coffee&bake | bakehouse

- (070) 9200-6262
- 1-7-36 Ropponmatsu, Chuo-ku, Fukuoka City
- 10:00 – 17:00
- Thu / Fri



68

A café gallery showcasing works by Fukuoka artists



スタンドポイント

STANDPOINT-FUKUOKA-

- (092) 707-1614
- 2F, 3-4-37 Akasaka, Chuo-ku, Fukuoka City
- 11:00 – 17:00
- Irregular holidays



71

Authentic Indian curry at a great price



アバシ 小田部店

Abashi - Kotabe

- (092) 831-2539
- 1-11-1 Kotabe, Sawara-ku, Fukuoka City
- 11:00 – 22:00
- Jan 1



72

Authentic Indian curry at a great price



アバシ 百道店

Abashi - Momochi

- (092) 821-1001
- 1F, 2-3-2 Momochihama, Sawara-ku, Fukuoka City
- 11:00 – 22:00
- Dec 31-Jan 2



73 Coffee, chai, original waffle, and more



リトルスタンド 室見店
littlestand muromi

☎ (092) 836-7344
📍 5-1-27 Muromi, Sawara-ku, Fukuoka City
🕒 Tue - Thu 9:00 - 16:00, Fri / Sat 9:00 - 18:00
🚪 **CLOSE** Sun / Mon



74 Rice-flour baked donuts free from eggs, dairy, and wheat



プチ・ボヌール
Petit Bonheur

☎ (080) 2522-6668
📍 4-5-1 Minamisho, Sawara-ku, Fukuoka City
🕒 11:00 - 17:00
🚪 **CLOSE** Sun / Mon / Tue / Irregular holidays



77 Innovative Kaiseki with yuba, tofu & seasonal ingredients



梅の花 西の丘店
Umenohana - Nishinooka

☎ (092) 895-5255
📍 2-1 Nishinooka, Nishi-ku, Fukuoka City
🕒 [Lunch] Weekdays 11:00 - 15:30, Weekends / Holidays 11:00 - 16:00 [Dinner] Weekdays 17:00 - 21:30, Weekends / Holidays 17:00 - 22:00
🚪 **CLOSE** Year-end and New Year's holidays



78 Authentic Indian curry at a great price



アバシ 学研都市店
Abashi - Gakkentoshi

☎ (092) 407-8357
📍 1060-6 Tokunaga, Nishi-ku, Fukuoka City
🕒 11:30 - 22:30
🚪 **CLOSE** Dec 31-Jan 1



75 Vibrant and inventive modern Chinese cuisine



ヒルトン福岡シーホーク・中国料理 望海楼
Hilton Fukuoka Sea Hawk - Chinese Boukairou

☎ (092) 844-8000
📍 5F, 2-2-3 Jigyohama, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30 - 14:00 (L.O 13:30) [Dinner] 17:30 - 22:00 (L.O 21:30)
🚪 **CLOSE** Mon / Tue



● For group reservations, please consult by phone.

76 Slowly savor fresh, local seasonal ingredients



ヒルトン福岡シーホーク・ブラッセリー&ラウンジ シアラ
Hilton Fukuoka Sea Hawk - Seala Brasserie and Lounge

☎ (092) 844-8000
📍 4F, 2-2-3 Jigyohama, Chuo-ku, Fukuoka City
🕒 [Lunch] 11:30 - 14:00 (L.O 13:30) [Dinner] 17:30 - 22:00 (L.O 21:30) *Lounge 11:00 - 22:00 (L.O 21:30)
🚪 **CLOSE** None



● For group reservations, please consult by phone.

79 Rice flour & vegan doughnuts



ケンジーズドーナツ 西戸崎 No.13CAFE
canezees doughnut saitozaki No.13CAFE

☎ (090) 2493-2372
📍 3-3-13 Saitozaki, Higashi-ku, Fukuoka City
🕒 11:30 - 18:00
🚪 **CLOSE** Mon / Tue



80 Additive-free, wholesome bread made with homemade natural yeast



リールジャム
Real Jam

☎ (092) 605-6450
📍 3-15-1 Mitoma, Higashi-ku, Fukuoka City
🕒 8:00 - 18:00
🚪 **CLOSE** Mon / Tue / Wed / Year-end and New Year's holidays



* Reservation required for the menu shown in the photo.

81

Innovative Kaiseki with yuba, tofu & seasonal ingredients



梅の花 高宮店

Umenohana - Takamiya

☎ (092) 526-1688
 📍 6F, 5-2-5 Takamiya, Minami-ku, Fukuoka City
 🕒 [Lunch] Weekdays 11:00–15:30, Weekends / Holidays 11:00–16:00 [Dinner] Weekdays 17:00–21:30, Weekends / Holidays 17:00–22:00
 🚪 **CLOSE** Year-end and New Year's holidays



● Available for large groups (30+ people) *Reservation required.

82

"Indian cuisine you've yet to discover"



フェニックスサオジ by ミドリストア

Phoenix Saoji Bhojnalay (Midori Store)

☎ (092) 776-8180
 📍 1F, 2-11-12 Ohashi, Minami-ku, Fukuoka City
 🕒 [Lunch] 11:30–15:00 [Dinner] 18:00–21:00
 🚪 **CLOSE** None



85

Gluten-free rice flour dishes & original sweets



ノングルテンカフェ 8302

NON GLUTEN CAFE 8302

☎ -
 📍 2-2-2 Shiobaru, Minami-ku, Fukuoka City
 🕒 10:00 – 20:00 (L.O 19:30)
 🚪 **CLOSE** Irregular holidays (See Instagram for updates)



* No halal-certified meat is served. Only halal-friendly sweets are available.

86

Cozy café with fruit bowls, crêpes & more



Shark Fellows Coffee

Shark Fellows Coffee

☎ (090) 9593-3514
 📍 1-15-31 Ogusu, Minami-ku, Fukuoka City
 🕒 10:00 – 18:00
 🚪 **CLOSE** Sun / Mon



83

100% vegetarian Chinese restaurant



高宮飯店

Takamiya Hanten

☎ (092) 523-1339
 📍 1F, 3-20-25 Ogusu, Minami-ku, Fukuoka City
 🕒 [Lunch] 11:30 – 14:30 [Dinner] 17:30 – 22:00
 🚪 **CLOSE** Tue



84

Rice flour & vegan doughnuts



ケンジーズドーナツファクトリー (大橋店)

caneezes doughnut factory

☎ (092) 542-3986
 📍 1-3-9 Mukaino, Minami-ku, Fukuoka City
 🕒 9:30 – 18:00
 🚪 **CLOSE** Mon



For International Tourists!



FUKUOKA CITY Official Tourist Guide



Pick up

Here we present insights from a vegan specialist who explore their flavors and the thoughtful details behind

visits vegan-friendly restaurants to each dish.

Also available online /



A Refined Take on Vegan Japanese Cuisine



02

kiyu



📍 B1F, 1-1-33 Hakataeki-Higashi, Hakata-ku, Fukuoka City

This hideaway restaurant serves creative Japanese cuisine that makes full use of vegetables from Itoshima. Located downstairs from an office building, it's only a 2-minute walk from the Chikushi Exit of Hakata Station. With an advance reservation, you can enjoy a full vegan course.

Everything from the dashi stock and ponzu vinegar to the syrups used in desserts is made by hand from basic ingredients. Each offering is made using the vegetables of the season, and the wide variety of dishes includes not only flavors that Japanese people may be encountering for the first time, but also old favorites like zaru-tofu and tempura. And every dish is just as beautiful as it's delicious!

The owner is also involved in the operation of a children's restaurant and development of the local community, and attracts visitors with dishes that he prepares with his whole heart to suit the ingredients of each day.



59

Sushi Shima



📍 1F, 2-10-3 Minato, Chuo-ku, Fukuoka City

Sushi Shima is an upscale yet inviting sushi restaurant that also features vegan courses. The chef and proprietress run the establishment together, both of whom have a deep knowledge about vegan cuisines.

The vegan course changes daily and is centered around a handmade, plant based ramen inspired by traditional tonkotsu flavors, with the broth prepared entirely from scratch, accompanied by an array of locally sourced seasonal vegetables and fruits.

The chef, trained through rigorous apprenticeship, sources excellent ingredients, and his skill creates deeply flavorful dishes. The proprietress creates the restaurant's warm atmosphere. Thoughtful touches throughout ensure travelers from overseas feel the warm welcome from the moment they make a reservation and enjoy a fulfilling time at the restaurant.

Many guests are so impressed by the delicious food and hospitality that they become repeat visitors.

* Vegan and other dietary-friendly options available at lunch only.



A Refined Take on Vegan Japanese Cuisine

58

Sushiryori Ichitaka



📍 1-2-2 Arato, Chuo-ku, Fukuoka City

Sushi restaurant “Sushiryori Ichitaka” is located near Ohori Park Station. Both lunch and dinner are offered as reservation-only course meals. A vegan course was introduced in 2025. Centered around seasonal vegetables, the course allows you to savor the natural aroma and flavor of the ingredients.

The vegan course begins with appetizers and charcoal-grilled vegetables, followed by meticulously crafted vegetable nigiri sushi, maki sushi (rolled sushi) made entirely from plant-based ingredients to draw out their natural flavors, and miso soup. The seasonings avoid white sugar, using beet sugar and mirin instead.

Watching the chef's knife skills and sushi-making techniques across the counter is a highlight of dining here. Enjoy a precious moment savoring freshly prepared dishes while observing the refined movements of the chef who has worked on the world stage.



International flavors to spice up your trip

30

RotaCafe Fukuoka



📍 1F, 1-3-25 Hirao, Chuo-ku, Fukuoka City

RotaCafe began from a recognition of the importance of food in the quest for beauty and health. All the meals offered here are vegan cuisine that uses no animal-origin ingredients. Based on a keen awareness of “local production for local consumption,” they’re carefully prepared by hand, using domestically-produced ingredients, vegetables from Itoshima, seasonal ingredients, and natural ingredients as much as possible. Each of the dressings and sauces is also hand-made.

Rota’s signature plate dishes feature a main dish that changes each week, and include tofu hamburger, cutlet of kuruma-fu (a type of wheat gluten cake), soy-meat chicken nanban (fried soy-meat chicken with vinegar and tartar sauce), and mixed-grain millet veggie fish, and are served with two side dishes, a colorful salad and brown rice. Taste is important, of course, and Rota also insists on an attractive presentation and satisfying volume.

Rota’s moist, rich cakes are highly recommended. The restaurant has a wide selection of gluten-free dishes and foods made without the “five pungent roots (in Buddhism or Taoism),” and can offer course meals and boxed lunches.



Enjoy an Elegant Time and Taste at a Premium Hotel

16

Grand Hyatt Fukuoka - Restaurant THE MARKET F



1F, 1-2-82 Sumiyoshi, Hakata-ku, Fukuoka City

The vegan menu enjoyed at “THE MARKET F” restaurant in Grand Hyatt Fukuoka is created by the head chef, who is responsible for the creation of the recipes, numerous prototypes, and completion of the dishes.

The “Magenta vegan curry with beets and chickpeas,” one of the selectable main dish at the semi-buffet lunch, is a colorful, beautifully presented, and sophisticated curry. Dinners offer vegan dishes in each category, including appetizers, soups, and main dishes. The “10 kinds of Kyushu vegetable vegan burger” is available for takeout menu. Soy patties, which are handmade with plenty of vegetables such as lotus root and onions, and avocado are sandwiched between lettuce. It is colorful and extremely satisfying.

All vegan dishes are creative and made to taste great, no matter who eats it.

*Menu may change depending on the season.



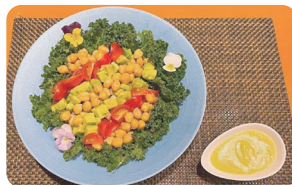
76

Hilton Fukuoka Sea Hawk - Seala Brasserie and Lounge



4F, 2-2-3 Jigyohama, Chuo-ku, Fukuoka City

Seala Brasserie and Lounge in Hilton Fukuoka Sea Hawk offers several vegan menus that use no animal-derived ingredients. One of them is the “Kale and Chickpea Grain Bowl with Avocado Dressing,” available in both the Grand Menu and Room Service. This dish features a beautiful arrangement of barley, avocado, chickpeas, tomato, kale and edible flowers with an avocado dressing. Barley is used, so it's low in sugar, and the chickpeas and avocado also provide protein. And because the ingredients were selected with their detox effect in mind, it can also be expected to help regulate the intestinal environment (gut microbiome). While it is like a salad, it's also a satisfying one-plate meal that lets you enjoy a variety of food textures. In keeping with its themes of “Local,” “Fresh,” “Healthy” and “Seasonal,” the restaurant offers seasonal dishes that take advantage of locally-sourced ingredients. The Head Chef also has experience in vegan cooking, and is expected to use that experience to develop new vegan dishes that incorporate Fukuoka's rich food culture in the future.



Communication Sheet

How to order vegan, vegetarian, and Muslim-friendly menu



I'm vegan / vegetarian.

(私は完全菜食主義者です/ベジタリアンです)

- 1 Dishes that do not contain meat, fish or shellfish, eggs or egg-derived ingredients, dairy products, or other animal-derived ingredients such as honey
(肉、魚介類、卵や卵製品、乳製品、はちみつなどの動物性食品を含まない料理)
- 2 Dishes that do not contain meat
(肉を含まない料理)
- 3 Dishes that do not contain fish or shellfish
(魚介類を含まない料理)
- 4 Dishes that do not contain eggs or egg-derived ingredients
(卵や卵製品を含まない料理)
- 5 Dishes that do not contain dairy products
(乳製品を含まない料理)

I'm Muslim.

(私はイスラム教徒です)

- 6 Dishes that do not contain pork or pork-derived ingredients (bacon, ham, sausage, lard, gelatin, flavoring, etc.)
(豚や豚由来の食品(ベーコン、ハム、ウインナー、ラード、ゼラチン、調味料等)を含まない料理)
- 7 Dishes that do not contain alcohol (including cooking wine and other alcohol)
(アルコール(料理酒、みりん、酒類等)を含まない料理)
- 8 Dishes that use halal-certified meat
(ハラール認証肉を使用した料理)

* For Muslim guests, we recommend checking with the restaurant staff that halal ingredients are used and that the dish contains no pork or alcohol.

Fukuoka City Subway Route Map

- Subway Airport Line 地下鉄空港線
- Subway Hakozaki Line 地下鉄箱崎線
- Subway Nanakuma Line 地下鉄七隈線
- JR Kagoshima Main Line JR鹿児島本線
- JR Sinkansen JR新幹線
- Nishitetsu Tenjin-Omuta Line 西鉄天神大牟田線



Tourist Information Center

Fukuoka City Tourist Information (Tenjin)

Offers brochures from all over Kyushu and provides information on sightseeing and dining.

- ☎ (092) 751-6904
- 📍 Lion Plaza, 2-1-1, Tenjin, Chuo-ku, Fukuoka City
- 🕒 9:30 - 19:00
- 🚪 CLOSE 31 Dec-1 Jan

Fukuoka City Tourist Information (Hakata Station Information Center)

Located in the center of JR Hakata Station concourse, offering tourist information and car rental guidance.

- ☎ (092) 431-3003
- 📍 1-1 Hakataeki-Chuogai, Hakata-ku, Fukuoka
- 🕒 8:00 - 19:00
- 🚪 CLOSE Open all year round

Recommended Sightseeing Spots in Fukuoka City

1 福岡タワー
Fukuoka Tower

Japan's tallest seaside tower at 234 m. Enjoy 360° panoramic views of Fukuoka city and Hakata Bay from the observation deck 123 m above ground.

📍 2-3-26 Momochihama, Sawara-ku, Fukuoka City

2 バイサイド夜景
Bayside Night View

Enjoy a romantic night view of Hakata Port, centered around the Hakata Port Tower and the open seaside complex by the passenger terminal.

📍 13-6 Chikko-honmachi, Hakata-ku, Fukuoka City

3 櫛田神社
Kushida Shrine

Beloved as "Okushida-san," this shrine is the guardian of Hakata and the site of the UNESCO-listed Hakata Gion Yamakasa festival.

📍 1-41 Kamikawabata-machi, Hakata-ku, Fukuoka City

4 大濠公園
Ohori Park

Originally a Hakata Bay inlet and Fukuoka Castle's outer moat, this waterside park is known for Nakanoshima Island—connected by four bridges—and its iconic red Ukimido Pavilion.

📍 1-2 Ohori Koen, Chuo-ku, Fukuoka City