

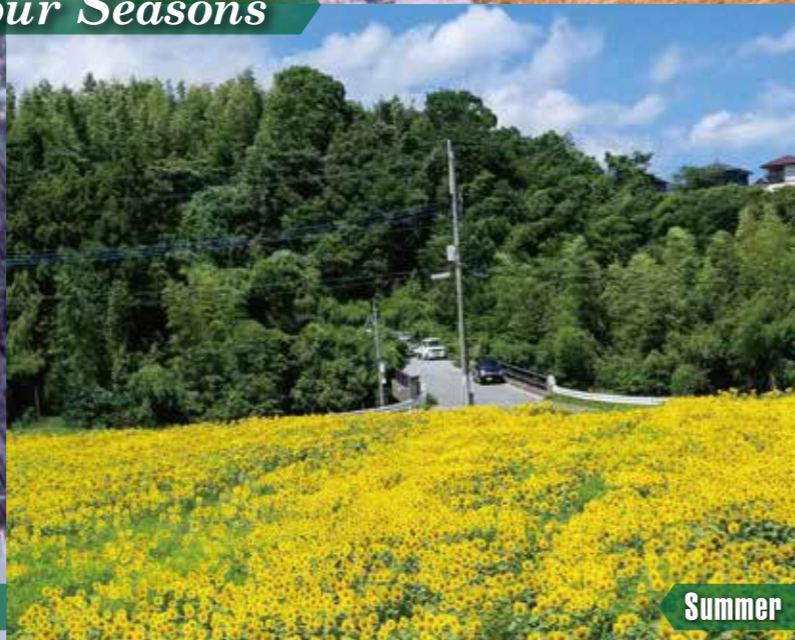
Autumn



Spring



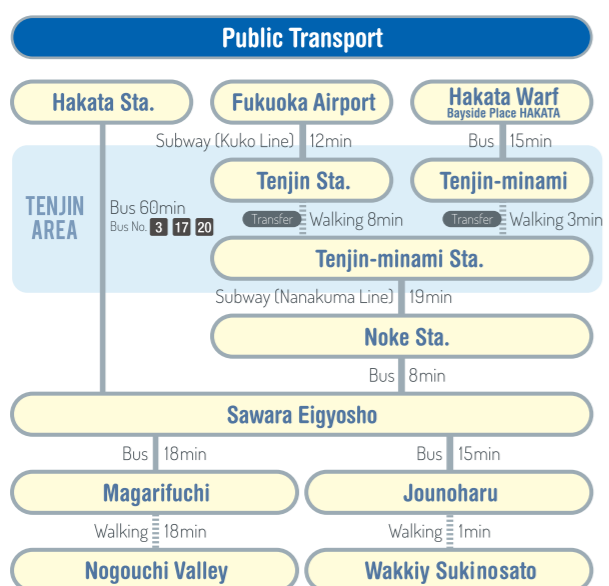
Winter



Summer

Sawara Four Seasons

ACCESS



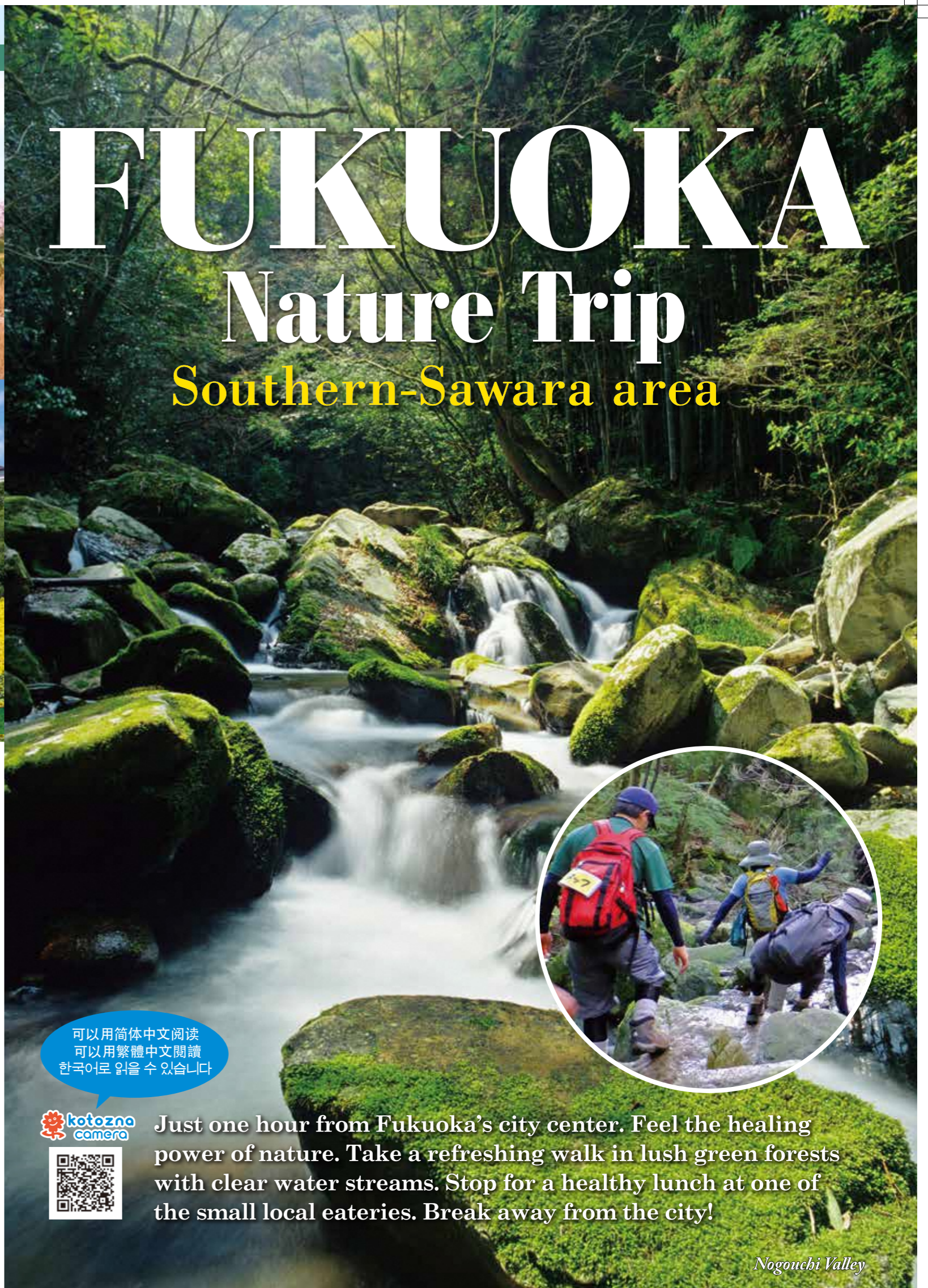
Fukuoka City Tourist Information
 Hakata Station General Information Center TEL.092-431-3003
 Sightseeing Plaza Tenjin TEL.092-751-6904
 Emergency contact Police:110 Ambulance:119 Fire:119

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FUKUOKA

Nature Trip

Southern-Sawara area



可以用简体中文阅读
 可以用繁体中文閱讀
 한국어로 읽을 수 있습니다

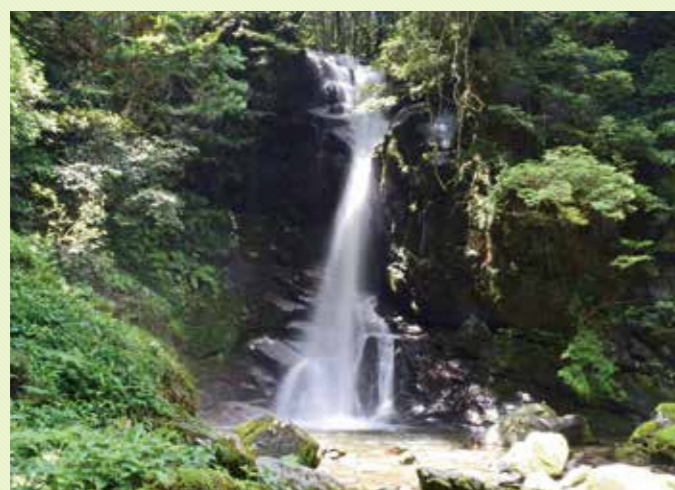


Just one hour from Fukuoka's city center. Feel the healing power of nature. Take a refreshing walk in lush green forests with clear water streams. Stop for a healthy lunch at one of the small local eateries. Break away from the city!

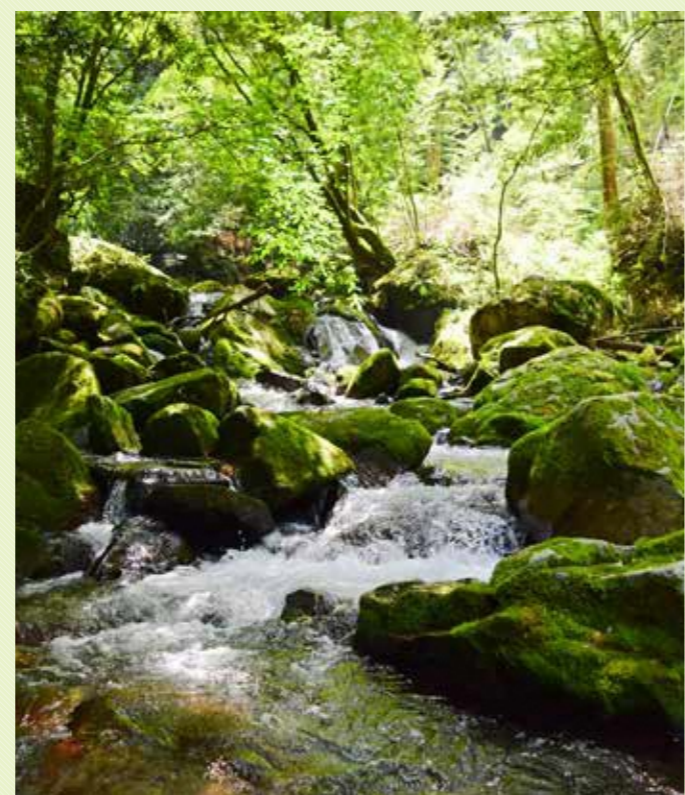
Nogouchi Valley

Sawara Nature Spot

Stroll around in the peaceful forests that reflect the sparkling sunlight and where colors change along with the seasons from fresh green in spring to warm red, orange and yellow in autumn. Take a deep breath of fresh air and feel close to nature.



▲Karan Falls 27 MAP: B-3
 This waterfall is located just 3min from the road and has a height of 15m. There are different stories behind the name, one saying it looks like a petal, another saying it is named after a trainee who got stuck by the waterfall. Take a moment to relax and indulge in the shower of mist.
 ① Ishigama, Sawara Ward, Fukuoka



▲Nogouchi Valley 28 MAP: B-3
 Valley of merging large and small waterfalls with a 700m walkway that takes you along the stream and back in about 40 min. Listen to the comforting sound of water and enjoy the fresh greenery in spring or the colorful maple leaves in autumn. In summer people like to gather here to escape the heat.
 ① Iba, Sawara Ward, Fukuoka



▲Magarifuchi Dam and Dam Park 29 MAP: B-3
 The first exclusive water supplying dam in Fukuoka city, built in 1923. This gravity dam, made of concrete with granite stone masonry on the outside was chosen for 100 Modern Water Supply Championship in 1985. Enjoy cherry blossom in spring and colored maple leaves in autumn. The park down stream is good for family outings and pick nicks.
 ① Magarifuchi, Sawara Ward, Fukuoka



▲Bird (and nature) watching
 The southern part of Sawara, which you can reach within 1 hour from Fukuoka city center, is a treasure for nature lovers. The falls and valleys are the habitat of a number of wild birds and if you are lucky you might encounter a badger or a raccoon. Bring your camera and a pair of binoculars!



▲Bouzu Falls 30 MAP: C-4
 This waterfall with a height of 15m and width of 3m is situated upstream of the Bouzu river, which is a tributary of Muroi river. Also known as Fudo Falls, Tsuten Falls or Falls of Autumnal Leaves, it was once a practicing place for monks. It is still wrapped in silence and filled with a mysterious atmosphere.
 ① Ishigama, Sawara Ward, Fukuoka

Experience in Sawara

There are lots of things to do if you want to experience Japanese culture, Hakata's traditional crafts and nature in the Southern Sawara area that are hard to find anywhere else. Sawara can make your travels special and unforgettable.

Kajiwara Hakata Dolls Koubou 22
 / 萩原博多人形工房
 Hakata dolls have an over 400 years' history. In this gallery you can see a variety of works by traditional craftsman Shoji Kajiwara, who makes them there at the spot. The zodiac series are most suitable for souvenirs and gifts. You can paint your own Hakata doll by reservation.
 ① 10:00-18:00
 ② Okasagi 617-4, Sawara Ward, Fukuoka
 ③ 092-804-3224 ④ Sunday and Public holidays
 MAP: B-2

Country farm Kiichigoshia 23
 / カントリーファーム木苺舎
 Blueberries are grown in a natural environment with clean water and without the use of any pesticide or herbicide. You can pick and taste them there or also take some home. In summer only.
 ① 9:30-18:00
 ② Okasagi 734, Sawara Ward, Fukuoka
 ③ 090-3226-3031 ④ 8/15
 Blueberry hunting (mid-July to late August):
 Admission fee ¥550, charge for blueberry to take home ¥190 / 100 g (as of 2018)
 MAP: E-3

Saikouji Temple 24 / 西光寺

 The Bonsho (bell) of Saikouji Temple is the 5th oldest bell in Japan and was declared a national treasure. It was made in Tottori Pref. in 839AD and became the Bell of Saikouji Temple in 1896. It is preserved in the bell tower (the building to strike the bell) and can be seen from the outside.
 ① Uchino 2-7-13, Sawara Ward, Fukuoka
 MAP: D-3

Preserved flower studio "Grace" 25 / プリザーブドフラワー教室 グレース
 Preserved flowers keep their beauty for a long time. Make your own arrangement or herbarium (preserved flower arrangement in a bottle filled with oil) using flowers in your favorite colors.
 ① Wakiyama 1-2-6, Sawara Ward, Fukuoka ② 090-5024-3368
 MAP: D-3
 Fee: from ¥2,000. Required time: over 1 hour. Day & time: negotiable (Reservation only)

OISCA-International / babafarm 26
 OISCA has trainees from all over the world who come to learn agricultural technology. It is possible to join them and experience working on a farm. Experience is changed by the season, so please make enquiries about the current activities.
 ① Okasagi 678-1, Sawara Ward, Fukuoka (OISCA)
 ② 092-803-0311 (OISCA)
 MAP: E-3
 Examples of experience: planning or harvesting rice, tea-picking, digging potatoes, making mochi (rice cake), etc.

Model course

1day course :nature and food.

Nogouchi Valley (28) → Walking → Magarifuchi Dam and Dam Park (29) → Walking → Lunch → Walking → Karan Falls (27) → Walking → Wakiyuki Sukinosato (19) → Bus → Yamataka Shouyu (16)

2days course :nature, history and culture.

DAY 1
 Kajiwara Hakata Dolls Koubou (22) → Walking → Lunch → Walking → Nogouchi Valley (28) → Walking → Magarifuchi Dam and Dam Park (29) → Bus → Accommodation

DAY 2
 Bouzu Falls (30) → Walking → Lunch → Walking → Saikouji Temple (24) → Walking → Wakiyuki Sukinosato (19) → Bus → Yamataka Shouyu (16)

Yuusui Sengokunosato 31 / 湧水 千石の郷
 A peaceful inn with a large bath of mineral spring water, where you can relax and enjoy the 4 seasons. Day visitors can have a "himehotaru" meal at the buffet style restaurant and take a bath as well.
 Accommodation fee: One-night with meals ¥8,200--, on weekdays / Check in: 16:00, Check out: 10:00 / the public bath: ¥650 per person for day visitors (10:00 - 22:00, 21:00 final reception)
 ① Ishigama 333-2, Sawara Ward, Fukuoka
 ② 092-872-4141
 ③ http://www.sengokunosato.com
 MAP: C-4